

② Baring Head/Ōrua-pouanui

Tracks

Track	Distance (km)	Time (walk)	Description	Grade (Easy, Intermediate, Moderate, Hard)	Icons	Color
Oxbow Loop	2.2	35min	A short flat walk in the river valley.	E	Walking, Mountain biking easy, Horse riding	Red
Raukawa View Loop	2.3	50min	A short walk climbing the river escarpment to be rewarded by views across Cook Strait/Raukawa. A mix of gravel road and track.	M	Walking, Mountain biking easy, Horse riding	Yellow
River to Sea	3.7	1hr one way	Meander down the river valley to the Wainuiomata beach and onto the climbing rocks.	E	Walking, Mountain biking easy, Horse riding, Wildlife	Cyan
Fitzroy Bay Beach via Road	1.7	25min one way	Follow the gravel road up to views across Cook Strait/Raukawa before descending to the rugged beach.	M	Walking, Mountain biking easy, Horse riding	Brown
Lighthouse via Road	3.2	50min one way	Follow the gravel road up to views across Cook Strait/Raukawa and traverse the marine terraces before reaching the lighthouse complex and the Story Hub	M	Walking, Mountain biking easy, Horse riding, Picnic, Toilets, Story hub	Orange
Grand Loop	7	3hrs	Take in the river valley, lighthouse complex and the Story Hub. You will see outstanding views and WWII bunkers.	H	Walking, Mountain biking easy, Horse riding, Picnic, Toilets, Story hub	Green

Key

	Bus stop	Natural features	
	Parking		Mixed forest
	Toilets		Broadleaf forest
	Mapboard		Scrub
	Swimming		Wetlands
	Picnic		Grasslands
	Fishing	Other features	
	Walking		Minor park track
	Tramping		Entrance
	Route		High point
	Mountain biking easy		Lighthouse
	Mountain biking intermediate		Building
	Mountain biking advanced		World War II lookout
	Horse riding		Bridge or boardwalk
	Rock climbing		Locked gate
	Wildlife		Gravel road
	Viewing point		
	Story hub		
	No swimming		

No Dogs.

No camping.



Parangarahu
Fitzroy Bay

Baring Head/
Ōrua-pouanui

Wainuiomata
River

1 kilometre

